CLAIMS

What is claimed is:

- 1. A safety apparatus comprising: a pair of flat plates joined by a hinge, the flat plates each providing a plurality of mounting holes, and at least one of the pair of the flat plates providing an eye bolt rigidly engaged therewith and to one side thereof; and a safety cable engaged at one end thereof with the eye bolt; the other end of the safety cable providing a hook for fastening the safety cable.
- 2. The apparatus of claim 1 further comprising a pair of flat plates, each of the flat plates providing an eye bolt rigidly engaged to one side thereof, and a plurality of mounting holes; a walker cable engaged at ends thereof with the eye bolts; the safety cable engaged with one of the walker cable and a worker harness; a personnel cable providing sliding engagement at one end thereof with the walker cable and joined at the other end to a worker harness.
- 3. A safety method comprising: joining a pair of flat plates by a hinge, the flat plates each providing a plurality of mounting holes, and at least one of the pair of the flat plates providing an eye bolt rigidly engaged therewith and to one side thereof; fastening the flat plates over a peak of a roof and attaching a safety cable with the eye bolt; fastening a further pair of flat plates to the roof in spaced apart positions on opposing sides of the pair of hinged flat plates, engaging a walker cable at ends thereof with further eye bolts in the spaced apart further flat plates; fastening the safety cable to one of the walker cable and a worker harness; providing sliding engagement of a personnel cable at one end thereof with the walker cable and fixing the other end to the worker harness.